

virtual Polypharmacy Workshops

Want to learn more about how to address problematic Polypharmacy?

Looking to improve your confidence in conducting Structured Medication Reviews and deprescribing?

Looking for ideas to design a Quality Improvement Project as part of the CPPE PCPEP pathway?

Looking to connect with likeminded colleagues in your region who share the same passion?

Health Innovation West Midlands might just have what you're looking for...



Health Innovation West Midlands are hosting a set of virtual Polypharmacy Workshops that will equip you with the knowledge and skills to undertake Structured Medication Reviews (SMRs) confidently, deprescribe safely and most importantly will help you make the best use of your most valuable and limited resource: **Time**

Workshop Content

Delivered by practicing pharmacists with a wealth of Polypharmacy experience; this online interactive course is held over three half days. **Delegates must attend all 3 Sessions to receive their Certificate of Attendance.**

	Session 1	Session 2	Session 3
Content	<ul style="list-style-type: none"> Definition of Polypharmacy Understanding the benefits - Why should practices have polypharmacy as a priority area of focus. Outline different ways to identify patients for SMR. Understand a practice level data pack which we provide and discuss how to use this to prioritise workload and make best use of time. 	<ul style="list-style-type: none"> The challenges Polypharmacy produces. Understanding personal barriers NICE - How to stop medication safely. Polypharmacy Toolkit Overview – Tools and resources to support SMRs and deprescribing. Medicolegal stance on stopping medication 	<p>1st half</p> <ul style="list-style-type: none"> What it is and how to do it well. Introducing the NHSE “preparing for a medication review” patient pack, strategies on using them to best effect and the benefits they can create. <p>2nd half</p> <ul style="list-style-type: none"> Protected time to turn your Polypharmacy Action Plan into a Polypharmacy Quality Improvement/ Implementation plan.
Outputs	<ul style="list-style-type: none"> Begin to create a bespoke Polypharmacy Action Plan. Understand how to design an impactful Polypharmacy QI Project. 	<ul style="list-style-type: none"> Start reflective CPD cycles and personal Polypharmacy Pledges. Access to Polypharmacy Resources & Toolkit. 	<ul style="list-style-type: none"> Detailed Polypharmacy Quality Improvement / Implementation plan

To join these workshops you must commit to producing a Polypharmacy Action & Implementation Plan and share this with Health Innovation West Midlands at a minimum.

We will also support you to develop the above Polypharmacy Action and Implementation Plan into a QI Project. In line with the CPPE PCPEP Pathway.

Who can attend?

Any healthcare professional that regularly conducts SMRs in **primary care** settings.

2024/25 Cohort Dates

Cohort	Session 1	Session 2	Session 3	Day	Time
Cohort G	11th July 24	18th July 24	25th July 24	Thursday	9:30am -12:15pm
Cohort H	TBC				
Cohort I	TBC				
Cohort J	TBC				

Cohorts are half day sessions hosted virtually via Microsoft Teams. Additional Cohorts will be added once dates are confirmed.

If the dates are not suitable please select the **‘Waiting List’** option on the form and we will contact you as soon as the dates are available.



Sessions are **FREE** & hosted via
Microsoft Teams

Click here to learn more &
sign up!

