

LGBT Health Team newsletter, September 2023

We hope you had a lovely summer and that you are doing something in your organisations this week to mark **Bi Awareness Week** (16th-23rd September)!

NHS Updates

Meet the NHS LGBT Team in an online session, Monday 25 September 1pm – 2pm

Come along and meet the LGBT+ Team from NHS England. Join Dr Michael Brady, National Advisor for LGBT Health and Lizzie Streeter, National LGBT Programme Manager, to hear about what the team does, what they are currently working on and how they support the wider system to address LGBT health inequalities. The session will focus on the key components of addressing LGBT health inequalities: data collection and monitoring, education and training, delivering LGBT inclusive services and supporting the LGBT+ workforce. There will be a Q&A at the end of the session for you to bring any questions you might have for the team. Please contact england.petehin@nhs.net to gain the link and diary invite to attend.

Public Consultation on Puberty Suppressing Hormones for Children and Young People with Gender Incongruence/Dysphoria

NHS England is now inviting feedback via a formal 90 day public consultation on a new draft interim clinical policy on the use of puberty suppressing hormones in children and adolescents who have gender incongruence or gender dysphoria. A final decision on the clinical policy following public consultation will be made by NHS England following a recommendation from the [Clinical Priorities Advisory Group](#) (CPAG). NHS England will publish the finalised policy alongside a consultation analysis report. You can find a link to the consultation here if you would like to respond: <https://www.engage.england.nhs.uk/consultation/puberty-suppressing-hormones/>

Updated: [Leading For All: Supporting Trans and Non-binary Healthcare Staff](#)

The guide was developed to provide healthcare leaders with the information and tools to effectively support trans and non-binary staff, and create an inclusive culture for all and launched in June by the Health and Care LGBTQ+ Leaders Network in collaboration with the LGBT Foundation. The latest version of our guide incorporates updates following further research and an additional legal review to strengthen the guide and enhance its recommendations. Download it [here](#)

News and requests from the sector

Women's Health Survey

Women across England are being encouraged to help shape future reproductive health policy by sharing their experiences of a range of issues as the government launches a new [survey](#). [The Race Equality Foundation](#) is working with the London School of Hygiene & Tropical Medicine, the Department of Health and Social, and other charities to help promote this important survey and ensure the health experiences of Black, Asian and minority ethnic women are captured. As part of the government's commitment in the [Women's Health Strategy](#), the Women's Reproductive Health Survey will seek women's views across England on issues including periods, contraception, fertility, pregnancy and the menopause. Findings from the survey will then be used to better understand women's reproductive health experiences over time. The vital information gathered about the lives and experiences of women will inform current and future government decision-making and health policy.

National LGBT Partnership: Biphobia, Misogyny & BPD Survey



Does the following describe you?

- Bi+ or m-spec
- Woman or femme-aligned person
- Diagnosis of Borderline Personality Disorder
- 18+
- Living in England

We are seeking bi+ women and femme-aligned people with a medical diagnosis of Borderline Personality Disorder (BPD) to contribute to our most recent research by taking a short survey and volunteering to be interviewed. You must be aged 18+ and currently living in England to participate. We are especially interested in hearing from people of colour, trans and non-binary people, people aged 50+ and disabled people. By taking the survey you will be entered into a prize draw to win a £150 shopping voucher. Those chosen for interview will be issued with a voucher worth £100 for their time. [Take the survey here](#) (survey closes 31/10/23).

The Modern Family Show, Saturday 23rd September

Are you wanting to start or perhaps complete your family, yet unsure of all the options available to you? Have you struggled with infertility and perhaps need to explore surrogacy or other options? Well, look no further than The Modern Family Show.



This one-day boutique event is the only UK family creation show has been designed for the LGBTQ+ community (but accessible for everyone) informing attendees about UK, Canadian and some European family building options, inc Surrogacy and IVF/IUI, Adoption, Fostering, Co-Parenting, Fertility Preservation, Solo Parenting, and Egg/Sperm Donation. Access tickets via [this link](#) for a 25% NHS discount.

Pancreatic Cancer UK: Health professional information and resources

Pancreatic Cancer UK provides a range of resources for health professionals so you can learn, develop and collaborate with our community. We cover all aspects of pancreatic cancer, from diagnosis and treatment to symptom management and end of life care. Visit our health professional hub to: book onto our virtual events and watch previous webinars; take one of our accredited online courses to upskill on different aspects of the pancreatic cancer pathway; sign up to our Health Professional Support & Information Bulletin to keep in the loop; get free publications for your patients; and find out about the additional support we can offer to your patients and their families. www.pancreaticcancer.org.uk/health-professionals/

Dates for your diary:

National Coming Out Day, 11th October 2023
International Pronouns Day, 18th October 2023
Asexual Awareness Week, 23rd-29th October 2023
Intersex Awareness Day, 26th October 2023
Trans Day of Remembrance, 20th November 2023
World AIDS Day, 1st December 2023

To include an item in the newsletter, or to stop receiving emails please contact:
england.lgbtadviser@nhs.net