

LGBT Health Team newsletter, October 2023

This month we've already seen International Lesbian Day, National Coming Out Day, International Pronouns Day and Intersex Awareness Day, and from 22nd – 28th October it's [Ace Week](#). Later in the newsletter you can hear more about Stonewall's new [Ace in the UK Report](#), which launched today.

Also this month, our very own Dr Michael Brady has been recognised by the [HSJ](#) as one of the 50 most influential Black, Asian and minority ethnic people in health – congratulations Michael!

NHS Updates

Solving together: an online conversation about reducing waiting times for children and young people's community mental health services

For the first time, the NHS is launching a month-long online conversation on children and young people's mental health, with a focus on gathering learning and ideas on how we can improve waiting times and make community mental health services more accessible. Using the Solving Together platform, we will be inviting partners involved in the children and young people's mental health pathway, professionals, children and young people and their families to have a say about this critical issue – with a focus on collecting ideas and best practice for ways to make our NHS services better in the future. We then plan to work with teams across the country to prototype and test the most promising ideas. The conversations are now live and running until 3 November. Come and have your say – we want to hear from you at <https://solvingtogether.crowdcity.com/>



NHS England Inclusion Health Framework

We are pleased to inform you that we have published the first [NHS England Inclusion Health Framework](#) to mark World Homeless Day today (10 October 2023). We have also published this [blog](#) by Laura Devlin, a GP for Inclusion and Homeless Health in Somerset. We hope that NHS organisations and partners will use the framework to take practical action to reduce inequalities for those in inclusion health groups.

We will also be hosting a webinar on 20 November to explore how this framework and the recently published [Digital Inclusion Framework](#) can be applied in practice to help NHS systems reduce healthcare inequalities. You [can register for the event here](#).

Guidance on how to share information about HIV and STIs

NHS England has produced [new guidance on information sharing for HIV and STIs](#). It gives advice to health professionals working in both dedicated sexual health services and other settings, such as GP practices, including what to do if a patient does not want their HIV or STI information to be shared with others, and how to manage situations where a patient's partner or recent sexual contact might be at risk of serious harm from an undiagnosed infection.

Opportunity to be a member of The Oliver McGowan Mandatory Training on Learning Disability and Autism Steering Group

The Oliver McGowan Mandatory Training on Learning Disability and Autism has been created by NHS England, Skills for Care, people with a learning disability, autistic people and partners.

This training will be used to train health and care staff, to help them better meet the needs of autistic people and people with a learning disability.

We are looking for a person with a learning disability, or a person with a learning disability who is also autistic to join our steering group. We will pay you an involvement fee. This is a payment for you being involved in the work. We will pay £150 a day for more than 4 hours of your time and £75 a half day for up to 4 hours of your time.

There are 3 ways you can apply:

1. Filling in the expression of interest form attached to this message and emailing it to england.ommt@nhs.net by **Sunday, 5th of November 2023**.
2. Answer the questions on the form in a voice recording and emailing it to england.ommt@nhs.net by **Sunday, 5th of November 2023**.
3. Speak to one of the team and answer the questions over the phone. Please email us to arrange a call by **Wednesday, 1 November 2023**. Email: england.ommt@nhs.net

If you have any questions about this opportunity, please email england.ommt@nhs.net or visit: <https://www.england.nhs.uk/get-involved/get-involved/opportunities/>

News and requests from the sector

Can you help us with our research into poverty among older LGBTQ+ people?

We are Opening Doors, the only dedicated national charity connecting LGBTQ+ people over 50 with activities, events, support and information.

Our research team are currently conducting research into poverty among older LGBTQ+ people living in London. It is becoming increasingly clear that, for many older LGBTQ+ people, later life is characterised by financial and material precarity. Despite this, there is little research to date on this important issue.

We have created a survey to help gather evidence on this topic, and to help bring about change. Please get in touch if you might be able to help us publicise or distribute this survey -- for instance by sending information to your network, or by displaying postcards and posters for the project. We are hoping to reach 500 respondents, and the survey is available in both paper and web-based form. If you think you might be able to help please contact us on rhiannon.mendes@openingdoors.lgbt

Stonewall, Ace in the UK Report

Today we're so excited to be launching the **Ace in the UK Report**, uncovering the experiences of asexual people across the UK for the first time. The new report is the result of our partnership project with ace activist Yasmin Benoit, launched in 2022. Bringing together research from focus groups and interviews, as well as data on ace communities from government research and Stonewall studies, we are proud to launch the Ace in the UK Report today, shining a long-overdue light on the barriers that ace people in the UK face.

The report reveals that ace people are less likely to be open about their sexual orientation with friends and family, and face hostile work and healthcare environments, with experiences ranging from sexual harassment, delays to vital healthcare, and intrusive questions about their sexuality from colleagues and healthcare professionals.

You can access the new report here: [Ace in the UK Report \(2023\) | Stonewall](#)



Trans Actual Training

Trans people in the UK and beyond experience numerous health inequalities, but it needn't be the case. All healthcare providers and professionals have a part to play in reducing trans people's barriers to care. TransActual are a trans led and run organisation that offer resources, training and consultancy especially for UK based healthcare providers. In addition to the [training and consultancy](#) that they offer, they're currently running a series of free webinars for healthcare professionals.

- Focus on: holistic care for trans people - Monday 20th November, 2-3:30pm
- Focus on: trans people, ageing and dementia - Monday 22nd January, 1pm-2:30pm
- Focus on: experts by experience, what trans people want you to know - Monday 8th April, 3:30pm-5pm

For more information and to sign up, visit www.transactual.org.uk/training

LGBT Foundation LGBTQ+ Patient Experiences in Primary Care

LGBT Foundation are excited to announce the publication of a new resource – [the Pride in Practice LGBTQ+ Patient Experience Survey – GP Update](#). This is the latest in a series of surveys carried out since 2014 tracking the experiences of LGBTQ+ people accessing primary healthcare. Our most recent survey adds, an extra level of insight and detail to experiences collected in previous years. In this resource, we have chosen to spotlight experiences at GP practices, and have developed an asset that will raise up LGBTQ+ voices and support primary care stakeholders and services in developing inclusive practice.

This resource has also been highlighted [in an article on the Pulse Today website](#) and we hope that others across primary care and beyond will be able to use this resource to further develop LGBTQ+ inclusion in healthcare.



Measuring HIV knowledge and attitudes

The European AIDS Clinical Society (EACS) wants to better understand levels of HIV knowledge and attitudes of people working in healthcare. [Individuals are asked to complete this survey to help identify potential gaps in knowledge, as well as the needs and priorities of both healthcare workers and people living with HIV.](#) This is an international survey and country level data will be available, helping to support the UK target of zero HIV stigma and transmission rates.

Trans in the City Student Ambassadors Launch



Trans in the City are delighted to announce the launch of our new Student Ambassador programme! Our launch event, powered by Barclays, will take place in Canary Wharf, London on the 15th November from 12.00 – 20.00, as part of our Trans Awareness Week celebrations. The event will include speeches from inspirational trans and non-binary role models, networking opportunities and entertainment. A detailed schedule will be released soon.

We are inviting trans and non-binary students, graduates, interns and early careers people, over the age of 18, from universities, colleges and organisations throughout the UKI to join us and learn more about the Student Ambassador programme.

If you have any contacts among trans and non-binary young people who you feel would benefit from this invitation, then we would encourage you to pass on this information and ask them to contact students@transinthecity.co.uk. One free ticket is available per young person. We would not want any individual to be excluded for financial reasons, so if support is needed with travel expenses, then please contact us and we will try to help, as appropriate.

For more information about why student participation and allyship is central to Trans in the City, please go to our Student Ambassadors website page:

www.transinthecity.co.uk/studentambassadors.

You can also find out more about the work of Trans in the City here:

www.transinthecity.co.uk/about-us